

# Example letter to parents and carers

To contact parents/carers of students that will be completing lessons on dementia and the work carried out by Reminiscence Learning, a suggested newsletter or letter template is outlined below. The template can be copied onto your school letterhead or the provided Reminiscence Learning letterhead on the next page and adapted as required.

Dear parents/carers,

This term, Year [insert year/the whole school] will be taking part in a [new/cross curricular] scheme of work on dementia in [lesson] as part of the PSE/[insert other subjects] curriculum. The resources and lesson plans developed by Reminiscence Learning will help raise awareness amongst young people and create a dementia-friendly generation. As a school, we feel it is important to provide lessons on dementia for our young people as there are currently 950,000 people living with dementia in the UK, and 55 million worldwide, with a prediction that this will rise to 139 million worldwide by 2051. The lessons will develop students' knowledge and understanding of dementia, but also provide them with valuable life skills in order to be able to help and support people in their family/community who may be living with dementia.

Dementia is a sensitive topic and we appreciate that some students may know/have known someone affected by dementia, which could potentially cause them to feel upset. All students taking part in the lessons will be reminded that they can speak to a member of the pastoral team for additional support, and parents/carers are also advised to speak to their son/daughter in advance of the lesson. As part of integrating learning about dementia into a wider whole school approach we welcome any parents/carers to either attend an assembly or to come into school to talk to our students about their experience of supporting someone living with dementia.

Please contact [insert contact details].

If you have any concerns or comments regarding this new curriculum opportunity, please contact [insert contact details] in the first instance. We look forward to implementing this scheme of work which we believe will enable our young people to become more aware of the issues connected with an ageing population and the ways in which they can become more active and responsible citizens.

For more information, please visit **[reminiscencelearning.co.uk](http://reminiscencelearning.co.uk)**

Yours sincerely,

**[Head teacher/Lead teacher]**